

### **13. VOLUNTARY COUNSELLING/ TESTING OR AVAILING OF ANTI-RETROVIRAL DRUGS**

It is a healthcare service provided at the Social Hygiene Clinic responsible for the management, prevention and control of sexually transmitted infections (STI). This clinic also disseminates awareness, information, and education specifically on sexually transmitted virus and diseases. The clinic where that patients will be comfortable from registration to consultation/ counselling until treatment.

HIV remains to be a major health concern. On 2017, 83% of new infections belongs to the younger (15-35 y/o) age group, people who are usually either students or who belongs to the working population. The HIV

survey done here in San Juan City on 2015 likewise reveal a low (27%) correct HIV knowledge among participants, very low access (5%) of HIV related services at the social hygiene clinic and 86% of participants have never been tested for HIV. Increasing HIV awareness among our constituents has been the cornerstone in addressing this problem.

The main objective is to increase awareness, provide free treatment, quality care and confidential HIV counseling and testing. This is also to increase the HIV/STI testing rate especially among key affected individuals and social hygiene clinic staff would make these testing more accessible.

<b>Office or Division:</b>	City Health Department			
<b>Classification:</b>	Simple			
<b>Type of Transaction:</b>	G2C- Government to Citizen			
<b>Who may avail:</b>	General Public			
<b>CHECKLIST OF REQUIREMENTS</b>		<b>WHERE TO SECURE</b>		
Patient's Consent		Social Hygiene Clinic		
<b>CLIENT STEPS</b>	<b>AGENCY ACTIONS</b>	<b>FEES TO BE PAID</b>	<b>PROCESSING TIME</b>	<b>PERSON RESPONSIBLE</b>
Registration	Community outreach worker provides individual treatment record for the patient, gather information and reason for the patient for check up	None	5 mins	Outreach Worker
Cervical, Urethral and Vaginal smear	<ul style="list-style-type: none"> <li>Perform gram smear examination</li> <li>Processing of gram staining slides and drying</li> </ul>	None	5 mins.	RN
		None	1 hour	RMT
	Microscopy reading of slides and recording of smear	None	30 mins	RMT
HIV counseling and testing	Conduct pre-counseling and testing	None	20 mins	MD/ RN/ RMT/ Trained HIV Counselor

Patient with Nonreactive or negative result	provide post counseling	None	10 mins.	MD/ RN/ Trained HIV Counselor
Patient with Reactive or Positive result	<ul style="list-style-type: none"> <li>• Provide post counseling</li> <li>• Advice partner for HIV counseling and testing</li> <li>• Physician makes request for baseline laboratory</li> </ul> <p>Medical technologist will extract blood sample for baseline laboratory and for confirmatory to be send to SACCL</p>	None None None None	20 mins 20 mins 10 mins 20 mins	MD/ RN/ Trained HIV Counselor   RMT
Patient with reactive or HIV confirmed positive	<ul style="list-style-type: none"> <li>• Physician will evaluate and examine for other opportunistic infection</li> </ul>	None	30 mins	MD
Initiation of Anti-retroviral therapy (treatment)	<ul style="list-style-type: none"> <li>• Refers patient to nurse for initiation of treatment</li> </ul> <p>Treatment adherence counseling</p>	None	Treatment (if life time)	MD/ RN
Other services for People living with HIV	<ul style="list-style-type: none"> <li>• Hepa B Screening</li> <li>• Syphilis screening</li> <li>• Sputum Examination (Gene Xpert)</li> <li>• Vaccines (Pneumococcal, Hepa B., Flu)</li> </ul>	None None None None	20 mins 20 mins 2 hours 20 mins	RMT   MD/ RN
Exit	Discharge of patient	None	1 min	RN/ RM
End of Transaction				